

**AGENDA for 29 September 2002:** John Dickinson High School: 1801 Milltown Road, Wilmington, De.

**SUNGAZING PHENOMENON - Sun Gazing a unique experiment**

“Shree Hira Ratan Manek will share his experiences of unique experiment. Inspired by ancient scriptures he has gazed at rising sun with progressive five-second increments leading up to 30 minutes gaze. He also walks bare feet on warm/hot sand for an hour, and drinks about 1500 cc boiled water. This protocol has resulted in him winning over hunger. He has fasted for 411 days without any solid food; he has remained free of diseases and otherwise maintained disease free normal health.

A team of 20 physicians in India monitored this unique experiment. The leader of the team Dr. Sudhir Shah will be with us. He will give his testimonial on clinical observations and also review other such cases.

Dr. Anil (Narayan) Patel, attracted by the uniqueness of Hira Ratan Manek’s bold experiment, has been investigating this phenomenon. Dr. Patel and the USA team, which consists of scientists, physicians, ophthalmologist, spiritual-psychotherapist, yoga researcher, and others will discuss their evaluations from subtle energy to fasting and disease free life.

The audience will have opportunity to ask, comment and interact with the speaker and the panel members. The program will be from 10:30 AM – 12:30 PM, 29 September at John Dickinson High School, 1801 Milltown Rd., Wilmington, DE. Please get directions from Internet and do plan to attend.”

Please note: There will be a write up in the News Journal, Friday, 27th September 2002 issue about our meeting.

| <b><u>Time (AM)</u></b> | <b><u>Topic</u></b>  |
|-------------------------|--|
| 10:30 – 10:35           | Welcome and Introduction: Dr. Anil Patel                         |
| 10:35 – 11:00           | Hira Ratan Manek (HRM) shares his experiences                    |
| 11:00 – 11:15           | Dr. Sudhir Shah reports on clinical Evaluation of HRM Phenomenon |
| 11:15 – 11:20           | Panel member Introduction  |
| 11:20 – 12:00           | Panel Members  |
| 12:00 – 12:25           | Audience Question Answers  |
| 12:25 – 12:30           | Vote of Thanks and Concluding remarks                            |

**Panel Members:**

1. Rob Able (M.D. Ophthalmology): Dr. Able is the leader of Delaware Ophthalmology consultant, professor at Thomas Jefferson University and author of “The Eye Care Revolution”.
2. George Brainard (M.D. Neuroscience): Dr. Brainard is Professor of Neurology and is currently funded by both NIH and NASA to study the effects of light on the human pineal gland. He is an author on over 100 scientific publications.
3. Bhavana Kansara (M.D. Ayurveda Oncology): A gold medallist for her studies in Ayurvedic medicines by Gujarat Ayurveda University, India and associate of Dr. N. Patel investigating Immunomodulators and Phytomelatonins. Affiliated with Rajkot Cancer Hospital. \*

4. Patrick J. LaRiccia (M.D. Acupuncture Specialist): Dr. LaRiccia specializes in medical acupuncture and complementary/alternative medicine. He is a member of the steering committee for the complementary/alternative medicine at the University of Pennsylvania School of Medicine. He is involved in acupuncture research in the areas of brain imaging. He is past president of Acupuncture Society of Pennsylvania and New York Society of Acupuncture for Physicians and Dentists.
5. Dev Mehta (M.D. Pediatrics and Nutrition): Dr. Mehta is Chief of Division of Pediatric GI and Nutrition and head of intestinal and pancreatic disorders research lab, Al duPont Hospital for Children; Assistant Professor, Thomas Jefferson University. Areas of research include use of stable isotopes in gastric emptying and mal-absorption.
6. Andrew Newberg (M.D. Brain Imaging Expert): Dr. Newberg is faculty member in the Department of Radiology at the Hospital of the University of Pennsylvania and is expert in Brain Imaging particularly with SPECT and PET analyses and a staff physician in Nuclear Medicine. He is also renowned author of "Why God Won't Go Away" and faculty member of University of Pennsylvania Medical School.
7. Narayan Anil Patel (Ph.D. Immunomodulation and Subtle Energy Measurements): A renowned Scientist, author of 100 scientific publications, author of "Ayurvedic Medicines in Cancer Cure". Member of Steering Group, University of Pennsylvania medical School, Leader of HRM study team in USA. Adjunct professor at University of Delaware and University of Pennsylvania.
8. Vijayendra Pratap (M.D. Yoga Researcher): Dr. Pratap is Founder/Director of the Swami Kunalayananda Yoga (SKY) Foundation and the Yoga Research Society. He is Director of the Yoga Program at Thomas Jefferson University Hospital's Center for Integrative Medicine, and the author of books on Yoga.
9. Maurie D. Pressman (M.D. Psychiatry): Emeritus Chairman of Psychiatry at the Albert Einstein Medical Center in Philadelphia and Emeritus Clinical Professor of Psychiatry at Temple Medical School. He is author of three books on spiritual psychotherapy, the latest is "Visions from the Soul: Enter the Supermind".
10. Sudhir Shah (M.D. Neurology): Dr. Shah has lead a group of 20 physicians in evaluating and monitoring HRM in Ahmedabad, India and has generated a hypothesis about the HRM Phenomenon. Dr. Shah is advisor and consultant to the USA team. \*

\* These panelist will be coming from India from 29 September 2002 meeting and subsequent dialogue to plan strategies for the future.